



SKIN CARE HISTORY QUESTIONNAIRE

Please answer the following questions so that I may have a better understanding of your general health and lifestyle, thereby enabling me to accurately analyze and assess your skin care needs.

Name (please print clearly)

Date ____ / ____ / ____

Date of Birth

____ / ____ / ____

First

Last

M.I.

Street Address

City

State

Zip Code

Home Phone

E-Mail Address

(____) _____

Please check if presently using any of the following? (please ✓ all that apply)

- ☐ Accutane ☐ Glycolic Acid/Alpha Hydroxy Acid
☐ Hydroquinone ☐ Any prescription strength topical i.e. steroids, Retin-A, Tazorac, Differin, etc.

Which conditions do you want to improve (please ✓ all that apply)

- ☐ Hyperpigmentation (Brown Spots) ☐ Acne/Acne Scarring ☐ Sun Damage ☐ Enlarged Pores
☐ Fine Lines & Wrinkles ☐ Age Spots ☐ Surgical Facial Scars ☐ Other: _____

Have you ever had an allergic reaction to any skin product or cosmetic?

☐ Yes

☐ No

FEMALE CLIENTS

Are you on hormone replacement therapy?

☐ Yes

☐ No

Are you presently taking birth control pills?

☐ Yes

☐ No

Are you pregnant or planning to be?

☐ Yes

☐ No

ALL CLIENTS

Do you use a sunscreen/sun block?

☐ Yes

☐ No

Do you sunbathe or participate in outdoor activities?

☐ Yes

☐ No

Do you have or have ever had acne?

☐ Yes

☐ No

Are you using or have ever used any medications for acne?

☐ Yes

☐ No

Name of medication _____

Have you seen a Dermatologist in the past year?

☐ Yes

☐ No

If yes, list doctors name and reason for visit _____

Are you presently under a doctor's care?

☐ Yes

☐ No

What medications do you take on a regular basis? _____

Have you ever had Herpes (cold sores)?

☐ Yes

☐ No

Have you ever been treated with Zovirax or any medication for Herpes?

☐ Yes

☐ No

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Do you have Epilepsy, Diabetes, or other auto-immune disorders? ☐ Yes ☐ No

If yes, you will be treated only with a doctors release!

Are you presently under a physicians care for any reason? ☐ Yes ☐ No

Explain _____

Do you use Biore or snore strips? ☐ Yes ☐ No

Have you had any of the following? ☐ Yes ☐ No (please ✓ all that apply)

☐ Cosmetic Surgery ☐ Botox Injections ☐ Skin Cancer ☐ Dermatitis ☐ Keloid Scarring

☐ Laser Resurfacing/IPL ☐ Chemical Peels ☐ Hepatitis ☐ Other (Specify) _____

☐ Dermal Fillers

Are you allergic to aspirin? ☐ Yes ☐ No Are you allergic to Iodine or Seaweed? ☐ Yes ☐ No

Do you have any other allergies? ☐ Yes ☐ No

If yes, list: _____

Do you smoke? ☐ Yes ☐ No

Do you take nutritional supplements? ☐ Yes ☐ No

Are you on a diet? ☐ Yes ☐ No

Do you exercise? ☐ Yes ☐ No

Do you wear contact lenses? ☐ Yes ☐ No

Have you had skin treatments (facials) before? ☐ Yes ☐ No

Are you currently having facials? ☐ Yes ☐ No

Have you had electrolysis or waxing in the past week? ☐ Yes ☐ No

Do you have those services done? ☐ Yes ☐ No

Have you had permanent cosmetics? ☐ Yes ☐ No

If yes, where? _____

How is your general health? ☐ Excellent ☐ Good ☐ Fair ☐ Poor

What skin care products are you currently using? _____

What is it about your skin you would like to change? _____

Is there any other information I should know before beginning your treatment? _____

**Client
Signature**