



**Beauty By Design**

By initialing, I state that I've received verbal and written post-procedure instruction. I understand the instructions and agree to call 910-399-8799 with any questions/concerns.

Client Initials \_\_\_\_\_ Date \_\_\_\_\_ Practitioner Initials \_\_\_\_\_

|                           | Eyebrows and/or Camouflage  | Lips  | Eyeliner  |
|---------------------------|---|---|---|
| <b>SWELLING</b>           | Slight with varying degrees of redness.   | Moderate swelling. An ice bag can be applied for the first few hours and next morning.<br><br>Be sure to apply Vaseline and then a tissue to prevent condensation from the bag of ice touching lips.  | Moderate to severe swelling, depending on how you respond to crying. If you swell after crying, expect some swelling following procedure, generally for the first few mornings.<br><br>Sleep propped up on on your back to reduce swelling.<br><br>A sealed ice bag can be lightly applied for the first 2 days. <b>DO NOT PRESS ICE BAG AGAINST EYES!</b>  |
| <b>MOISTURE</b>           | Keep area slightly moist using Q-tip with After Inked® 1-2 times daily for a minimum of 1 week, or until healed.              | Tend to be very dry. Keep them moist using Q-tip and Vaseline for 14 days. Peeling will occur. <b>DO NOT PEEL OFF!</b><br><br>Lips tend to fade 60% and color can hide for a 4-week period before resurfacing.<br><br>Very moist lipstick/lip gloss may be worn over a coat of Vaseline.                          | Was eyes the first morning following the procedure with mild soap and water. Rinse well and pat dry lightly.<br><br>After which, eye area should avoid contact with water for 5-7 days.<br><br>On the 4th day from the date of procedure, use a Q-tip to apply a tiny amount of Vaseline provided, once daily for 4 days. Wipe any excess with a clean Q-tip. If you can see it, you have applied too much! |
| <b>AVOID UNTIL HEALED</b> | Avoid all moisturizers, active skin creams, Retin-A soaps, facial cleansers and water on pigmented area. Wash around eyebrow. | Avoid soaps, facial cleansers, and water on pigmented area. Wash around lips.<br><br>Extended wear lipsticks or plumping gloss.<br><br>Teeth bleaching for a minimum of 3 weeks.<br><br>For 2 weeks, just pat your lips lightly with a napkin while eating.<br><br>Drink through a straw, even hot coffee or tea. | Avoid eye creams, night creams, moisturizers, Retin-A lash tinting, lash extensions and false lashes.<br><br>Avoid getting Vaseline in your eye, as this can invite an infection.   |
| <b>TAKE NOTICE</b>        | Light redness is normal, but if a red ring appears around the area, seek medical attention.                                   | If you have a history of sores or fever blisters on the lips, chin or nose, you will require a prescription of 500 mg Valtrex. Take 2X a day, 2 days before tattoo and 4 days after, or as otherwise prescribed.  | Eyelid may have a slight pink or redness above eyeliner immediately following the procedure.<br><br><b>EYEBALL SHOULD NOT BE RED!</b> You must seek medical attention immediately if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication.   |

**FOLLOW FOR ALL PROCEDURES: A touch-up procedure is often required.**

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo and conditioner getting into pigmented area.
- Avoid dirt (as in gardening), extreme perspiration for the first week to prevent possible infection.
- If slight crust appears on pigmented area, do not force removal by picking, scratching, or washing. Procedures are not considered healed until all crusting has exfoliated.
- Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after first application. Final color can't be judged until 2 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.**
- Use a good sunscreen daily, once healed.
- If planning a chemical peel, MRI or other medical procedure, please notify them you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo. ablative lasers may cause pigment to turn black.
- If you donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.